

Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns... **Philippians 4:6** MP

Then, accompanied by the disciples, Jesus left the upstairs room and went as usual to the Mount of Olives. <sup>40</sup> There He told them, "Pray that you will not give in to temptation." <sup>41</sup> He walked away, about a stone's throw, and knelt down and prayed, <sup>42</sup>"Father, if You are willing, please take this cup of suffering away from Me. Yet I want Your will to be done, not Mine." <sup>43</sup> Then an angel from heaven appeared and strengthened Him. <sup>44</sup> He prayed more fervently, and He was in such agony of spirit that His sweat fell to the ground like great drops of blood. **Luke 22:39-:44** NLT

## I CAN PRAY WHEN THE PRESSURE IS ON LIKE JESUS DID...

1. By\_\_\_\_\_.

Then, <u>accompanied</u> by <u>the</u> <u>disciples</u>, Jesus left the upstairs room and went as usual to the Mount of Olives. **Luke 22: 39** NLT

Are you having troubles? <u>You</u> should pray...<sup>14</sup> Are you <u>sick?</u> <u>Ask the</u> <u>elders</u> of the church to come... and pray for you...<sup>16</sup> So always tell <u>each</u> <u>other</u> the wrong things you have done. Then pray for <u>each other</u>... one who lives the way God wants can pray, and great things will happen. James 5:13-16 ERV

- Godly people to whom I \_\_\_\_\_.
- Godly people who can \_\_\_\_\_\_.

*He told them, "My soul is crushed with grief to the point of death. Stay here and keep watch with me."* **Mark 14:34** NLT

- Godly people who \_\_\_\_\_\_.
- Godly people who \_\_\_\_\_.

2. By \_\_\_\_\_

He walked away, about a stone's throw, and knelt down and prayed... Luke 22:41 NLT

But when you pray, go away by yourself, shut the door behind you, and pray to your Father in private... Matthew 6:6a NLT

3. By\_\_\_\_\_.

And he said, "<u>Abba</u>, <u>Father</u>, all things are possible for you...

Mark 14:36a ESV

- Abba reminds me of my \_\_\_\_\_.
- Father reminds me of God's \_\_\_\_\_.

Now because you are his children, God has sent the Spirit of his Son into our hearts to cry out, "Abba! Father!" **Galatians 4:6** NLT

## NOTE: For Abba to be my father, I must be his \_\_\_\_\_.

You were all baptized into Christ, and so you were all clothed with Christ. This shows that you are all children of God through faith in Christ Jesus. Galatians 3:26, 27 ERV

**4.** By\_\_\_\_\_\_.

Father, if You are willing, please take this cup of suffering away from Me. <sup>44</sup> He prayed more fervently, and He was in such agony of spirit that His sweat fell to the ground like great drops of blood. **Luke 22: 42a, 44** NLT

## 5. By\_\_\_\_\_\_.

Jesus... <u>knelt down</u> and prayed "Father, if You are willing, please take this cup of suffering away from Me. Yet I want Your will to be done, not Mine." <sup>43</sup> Then an angel from heaven appeared and strengthened Him. <sup>44</sup> He prayed more fervently, and He was in such agony of spirit...

Luke 22: 42-44 NLT

The certain way to find God's \_\_\_\_\_ is to look in God's \_\_\_\_\_.

All of this makes us even more certain that what the prophets said is true. So you should pay close attention to their message, as you would to a lamp shining in some dark place. **2 Peter 1:19** CEV

Jesus said to them, "All of you will run away and leave me, <u>for the</u> <u>scripture says</u>, 'God will kill the shepherd, and the sheep will all be scattered.' **Mark 14:27** GNB

During the days of Jesus' life on earth, he offered up prayers and petitions with fervent cries and tears to the one who could save him from death, and he was heard because of his reverent submission. **Hebrews 5:7** NIV

Additional Notes:	Reflecting on todays message
	What touched my heart?
	What is God asking me to do?
	What should I change this week?
	Who else needs to hear this message?