| | I'm not God; I admit I am powerless to control my tendency ong thing and my life is unmanageable. | | | | |
|---|---|--|--|--|--|
| | believe that God exists, that I matter to Him, and that He has the power to help me recover." | | | | |
| C | choose to commit all my life and will to Christ's care and control. | | | | |
| Oexan | • examine and confess my faults to myself, to God, and to someone I trust. | | | | |
| | V submit to every change God wants to make in my life and humbly ask him to remove my character defects. | | | | |
| E my relationships. Offering forgiveness to those who have hurt me and making amends for harm I've done to others, except when to do so would harm them or others. | | | | | |
| | _ a daily time with God for self-examination, Bible reading and to know God and His will for my life and to gain the power to do it. | | | | |
| Y myself to God to be used to bring the Good News to others by both my example and my words. | | | | | |
| QUESTION 1: V | WHY DID/DOES GOD ALLOW ME TO HURT MYSELF? | | | | |
| 1. To give m | e freedom of | | | | |
| | g you a choice. You may choose the blessing or the curse. ²⁷ You ng if you listen and obey Deuteronomy 11:26, 27 ERV | | | | |
| 2. To get my | / | | | | |
| Sometimes it take | es a painful situation to make us change. Proverbs 20:30 GNB | | | | |
| | it, not because it hurt you, but because the pain caused you and change your ways. 2 Corinthians 7:9 TLB | | | | |
| Before I suffered, | , I did wrong, but now I obey your word. Psalms119: 67 NCV | | | | |
| 3. To teach | me | | | | |
| sufferings were s | ant you to know what a hard time we had in Asia. Our o horrible and so unbearable that death seemed certain. ⁹ In that we were going to die. But this made us stop trusting in | | | | |

ourselves and start trusting God... 2 Corinthians1:8-10 CEV

4. To Give Me a

Why does God do this? So that when others are troubled, needing our sympathy and encouragement, we can pass on to them the same help and comfort God has given us. 2 Corinthians 1:4 TLB

You tried to harm me, but God made it turn out for the best, so that he could save all these people, as he is now doing. Genesis 50:20 CEV

QUESTION 2: HOW CAN I USE MY HURT TO HELP OTHERS?

| • | Two | Effectively | Bringing | the Goo | od News | Suggestions |
|---|-----|--------------------|----------|---------|---------|-------------|
|---|-----|--------------------|----------|---------|---------|-------------|

...So what are you waiting for? Get up and call on his name. Be baptized. Have your sins washed away. 'Acts 22:6-16 NIV

I remain humble because I have been saved by

...he saved us—not because we were good enough to be saved but because of his kindness and pity—by washing away our sins and giving us the new joy of the indwelling Holy Spirit, Titus 3:5 TLB

| Suggestion 2: | and | my story often. |
|---------------|-----|-----------------|
|---------------|-----|-----------------|

Then he told me, 'The God of our fathers has chosen you to know his will and to see the Messiah and hear him speak. 15 You are to take his message everywhere, telling what you have seen and heard. Acts 22:14, 15 TLB

This is a true saying, to be completely accepted and believed: Christ Jesus came into the world to save sinners. I am the worst of them, 16 but God was merciful to me in order that Christ Jesus might show his full patience in dealing with me, the worst of sinners, as an example for all those who would later believe in him and receive eternal life. 1 Timothy 1:15, 16 GNB

| Notes: | Reflecting on todays message |
|--------|--------------------------------------|
| | What touched my heart? |
| | |
| | What is God asking me to do? |
| | |
| | |
| | What should I change this week? |
| | |
| | |
| | Who else needs to hear this message? |
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